



Sponsor

BOOTHS

Green Drive Five

Established 2000

October 22nd 2017

Start: 10am

Green Drive, Ballam Road, Lytham, FY8 4HA

Race HQ: Park View 4 U, Ecopod, Parkview Road, FY8 4JE

Parking: St. Bede's, FY8 4JL, & Ballam Road, FY8 4NL

Refreshments: Parkview Cafe



5 miles flat, mainly traffic free, rural course starting and finishing in the historic 18th Century tree-lined footpath of Green Drive, Lytham. Souvenir T-shirt for all finishers

Pre/post race massages provided by 
University of Central Lancashire

TO ENTER ONLINE www.bookitzone.com  Enter Online... BookitZone.com



ALSO BY POST OR ON RACE DAY from 8:30AM. 400 Limit.



Includes "Green Drive Mile" Junior Race Under 16's, 9.00am : £3.80 enter on link above, medal to all finishers

Under UKA Rules, licence no. applied for. NO HEADPHONES

Bespoke Trophies to first 3 Men/Women and age groups 40,50, 60 and 70

Incorporating Lancashire Athletic Association 5-Mile Road Championships:

MEDALS: First 3 Men/Women and First Masters W35 to W65+ /M40 to M70+

First Men's/Women's Teams Open and Masters 3 to count



ENTRY FORM.....

Forename _____ Surname _____ Date of Birth __/__/__ M/F ___ AGE ON RACE DAY ___

CLUB _____ EA LICENCE No. _____ TEL. _____ E-MAIL _____

ADDRESS _____ POSTCODE _____

Lancashire Town of Birth or tick resident in Lancashire for 9 months

FEE ENCLOSED (tick box) Attached £13 Unattached £15 T-SHIRT SIZE S M L XL (Circle)

DECLARATION: I will be over 15 years of age on race day and an amateur runner as defined by UKA rules and I am fit to run and will not hold the Lytham St. Anne's Road Runners Club responsible for any injury to me or loss or damage to my property in relation to this event. DATA PROTECTION ACT: I agree to this information being stored on a computer solely for the use of this event.

SIGNATURE _____ **Date** __/__/__

ENTRIES TO: Race Director, Green Drive 5, c/o 5 Bexley Place, Lytham St Annes FY8 4SA PAYABLE TO: Lytham St. Annes Road Runners Club
(Enclose S.A.E for race no. & info) **POSTAL ENTRIES CLOSE: 16th October 2017**